

Parent / Guardian Waiver and Release Form

You agree that you are aware that your child will be engaging in physical exercise involving various sports, coordination, events, and general fitness training, which could cause injury to him or her. The location of these activities will take place in your own home and under your supervision.

You understand that the child is voluntarily participating in these activities and is assuming all risks of injury that may result from engaging in any exercise program or sport related event including tripping, slipping, or falling.

You hereby agree to waive any claims or right that you might otherwise have to sue Fostering Faith & Fitness, the brand, our employees, or owners, if any injury might occur. You understand that we will make no evaluation or recommendation as to whether or not the child is capable or deemed physically fit to engage in any activity. If the child has any physical or mental condition that may impair his or her ability to engage in any of the club activities, it is your responsibility to obtain a physician's release statement. It is recommended that you consult a physician or your pediatrician prior to your child participating in any physical exercise program.