Fostering Faith and Fitness Waiver

Express assumption of risk: I, the undersigned, am aware that there are significant risks involved in all aspects of physical training. These risks include, but are not limited to: falls which can result in serious injury or death, injury or death due to negligence on the part of myself, my training partner, or other people around me, injury or death due to improper use or failure of equipment, I am aware that any of these above mentioned risks may result in serious injury or death to myself and or my partner(s).

Release: In consideration of the above mentioned risks and hazards and in consideration of the fact that I am willingly and voluntarily participating in the activities available through our site: www.fosteringfaithfit.com. I, the understand and hereby release Fostering Faith and Fitness, their agents, employees, and volunteers from any and all liability, claims, demands, actions, which are related to, arise out of, or are in any way connected with my participation in this activity, including those allegedly attributed to the negligent acts or omissions.

Indemnification: The participation recognizes that there is a risk involved in the types of activities offered by Fostering Faith and Fitness. Therefore the participant accepts financial responsibility for any injury that the participant may cause either for him/herself or to any other participant due to his/her negligence. Should the above mentioned parties, or anyone acting on their behalf, be required in incur attorney's fees and costs to enforce this agreement, I agree to reimburse them for such fees and costs, I further agree indemnify and hold harmless Fostering Faith and Fitness, their founders, agents, employees, and volunteers from liability for the injury or death of any person(s) and damage to property that may result from my negligent or intentional act or omission while participating in activities offered by Fostering Faith and Fitness.

I have read and understood the foregoing assumption of risk, and release of liability and I understand that by signing it obligates me to indemnify the parties named for any liability for injury or death of any person and damage to property caused by my negligent or intentional act or omission. I understand that by signing this form I am waiving valuable legal rights.

This agreement shall be binding upon me, my successors, representatives, heirs, executors, assigns, or transferees. If any portion of this agreement is held invalid, I agree that the remainder of the agreement shall remain in full legal force and affect.

By checking this box I agree to all above terms, and I acknowledge that I have to be 18 years or older to sign-up and register.