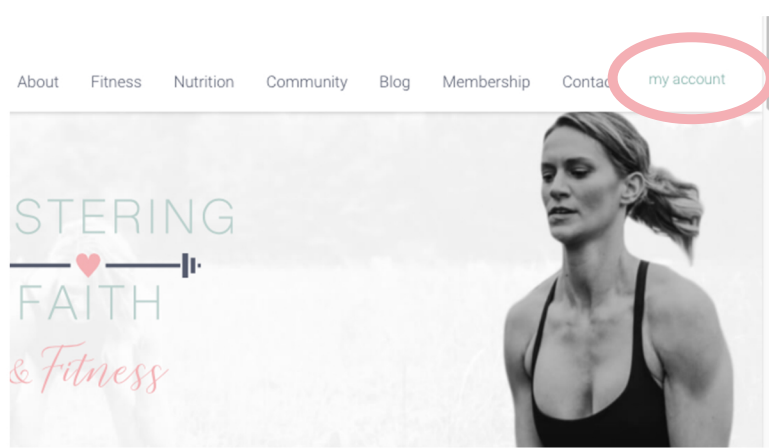
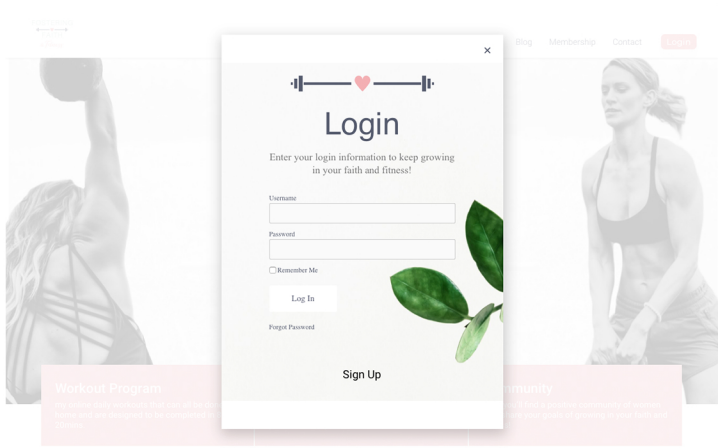




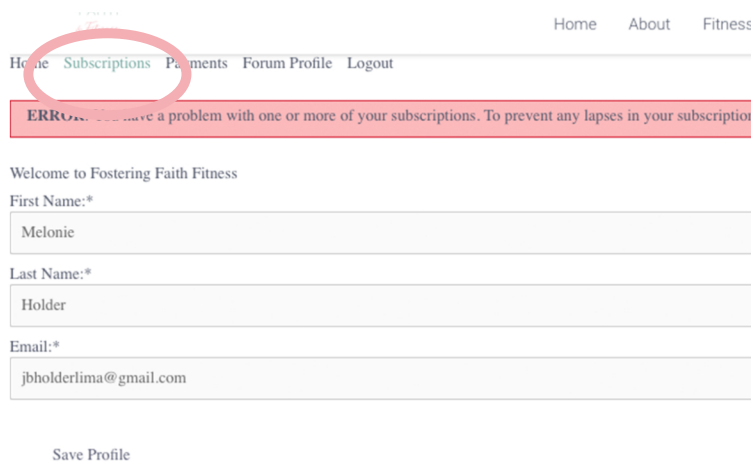
FOSTERING FAITH & FITNESS

HOW TO UPDATE, CHANGE, PAUSE, OR CANCEL YOUR SUBSCRIPTION

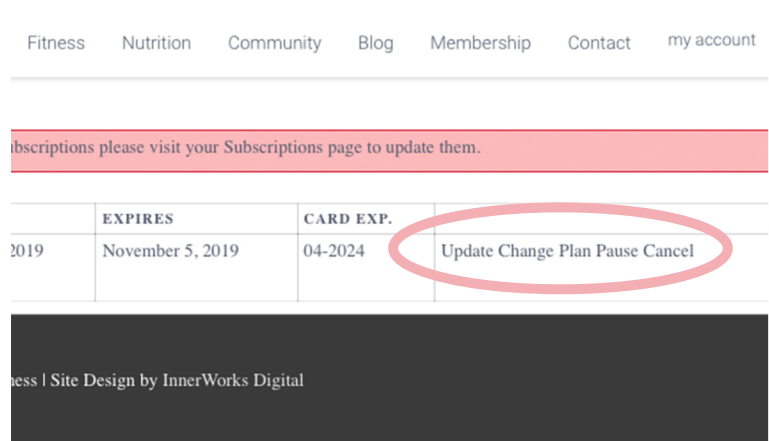


1. Log in to your account

2. Go to "my account"



3. Go to "subscriptions"



4. Choose the action you wish to take

Your payments will automatically be stopped when you pause or cancel your plan